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**RIVERSIDE SURGERY**  
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## **Instructions Prior to Microsuction**

You have been put on the waiting list for microsuction. Microsuction is a method of removing wax or infective debris from the ear using a suction wand. It can be a little noisy, but should not be uncomfortable.

If you have been told your ear is infected, you do not need to do anything further.

If you have wax in your ear, in order to qualify for this procedure it is important we have tried other methods of wax removal.

If your ears are blocked with wax, you should attempt to soften the wax in the affected ear(s) for 2 weeks. Ear softening drops can be purchased over the counter from your chemist. Add 2-3 drops of oil into the affected ear whilst lying on your side. Stay in this position for a few minutes, and then treat the other side if needed. Repeat this twice a day for 2 weeks.

If this has not restored your hearing then please attempt to gently irrigate the wax from your ear canal using a home syringing device such as the Earbulb™

### **PLEASE DO NOT ATTEMPT HOME SYRINGING IF YOU HAVE ANY HISTORY OF:**

- **PAIN IN YOUR EAR**
- **TINNITUS (a ringing or buzzing noise) IN YOUR EAR**
- **A HISTORY OF VERTIGO (dizziness)**
- **A HISTORY OF EAR SURGERY**
- **A HISTORY OF EARDRUM PERFORATION**

If these measures have not been effective, then we will be in touch shortly with an appointment for microsuction. There is no need to do any further oiling prior to your appointment if you have followed the instructions above.

Dr S McGuire  
GP Partner